



**CABINET FOR HEALTH AND FAMILY SERVICES**  
**Office of the Secretary**

**Andy Beshear**  
Governor

275 East Main Street, 5W-A  
Frankfort, KY 40621  
502-564-7042  
502-564-7091  
[www.chfs.ky.gov](http://www.chfs.ky.gov)

**Eric C. Friedlander**  
Secretary

**GUIDANCE**

On March 6, 2020, Governor Andy Beshear signed Executive Order 2020-215 declaring a state of emergency in the Commonwealth due to the outbreak of the novel coronavirus (COVID-19). The current public health emergency has resulted in a rapidly changing environment. The Cabinet for Health and Family Services will continue to provide information and updates to healthcare providers.

This guidance provides clarifying information to health care providers concerning the admission or re-admission to a Long-Term Care Facility (LTCF) - or internal release from isolation - of a resident who

- a. continues to test positive for COVID-19 after meeting symptom-based criteria, and
- b. for at least (72) hours either
  - i. remains asymptomatic,
  - or
  - ii. presents no new or worsening symptoms.

Guidance: Either of the following results from an FDA-authorized test would be considered sufficient for admission, re-admission or discontinuing isolation:

- A negative antigen test for detection of SARS-CoV-2 viral protein(s),  
or
- A positive serologic (antibody) test for detection of IgG or total Ab (IgM+IgG)

NOTE: An individual with confirmed COVID-19 who has not met criteria for discontinuation of transmission-based precautions (i.e., release from isolation) does not require a COVID-19 test prior to discharge from the acute care setting to be admitted to a LTCF with a designated COVID-19 care unit.

Eric Friedlander  
Secretary

Adam Mather  
Inspector General